Wow! There goes term 3!

Professional Learning - Wellbeing

We were lucky enough to have some professional learning on wellbeing from EAPs (Employee Assistance Program). Some key points: Stress is normal, however if it is prolonged it can damage physically and/or emotionally. Don’t wait for the out of order sign.

On the 1st September our team attended the Eating Disorder information session where Christine Morgan CEO of the Butterfly Foundation talked of the stigma that still exists, how that impacts people accessing care, including family and carers. Eating disorders are a complex condition that need a coordinated response, and the 1000 contacts per month on their hotline indicates the extent of people in distress. Where do we want to be? Widespread public knowledge and understanding, outcomes rather than activity focussed support, access in the right place at the right time, and shifting from acute care to prevention and early intervention.

Week 8 was SAS recognition week. This is a time when we acknowledge our wonderful support staff working behind the scenes to help things run smoothly. A big thank you to Doris, Faye, and Deb, for bringing unique strengths and being an integral part of our team.

Holidays are nearly upon us, for those of you who are having a break we wish you a safe and happy time. School resumes Tuesday 6th October and we look forward to seeing you for term 4. Until then, take care and look after yourself.

Vanessa Murphy
RNSH School Principal

‘I had so much fun in school. I really enjoyed playing games, painting, drawing, and all the activities we did. Thank you for making my days enjoyable, happy and delightful.’
J – teenager

Coming up next month…

1. Unveiling our new school logo!
2. Our combined hospital school project ~ three videos on youtube accessible on our website
If you took all the wee an average person makes in a lifetime, what would it fill?

These posters are on display outside our school room on Level 7. They represent our vision, our values, and our strategic directions for the next three years.

Please feel free to visit us anytime.

Students at RNSH School can stay anywhere from a day to several weeks. Recently we had a student attending our school for a longer period of time. As with all our students, we personalised his learning so that he was engaged and challenged during his stay. We contacted the home school and worked together with them to ensure continuity of education. The learning experiences covered all aspects of the curriculum as well as catering for his individual interests and wellbeing. Some of these activities included:

- Science experiments and investigations including electric circuits, electromagnetics and the effects of growth and change
- Literacy - Writing and publishing and Numeracy using new technology (interactive whiteboard)
- Art experiences to enhance previous literacy activities
- Social skill development in new games and problem solving tasks
- Student directed visual arts including clay modelling, sketching, and canvas artwork
- Recreational activities during out of school hours

Our staff testing the science experiment!!!!